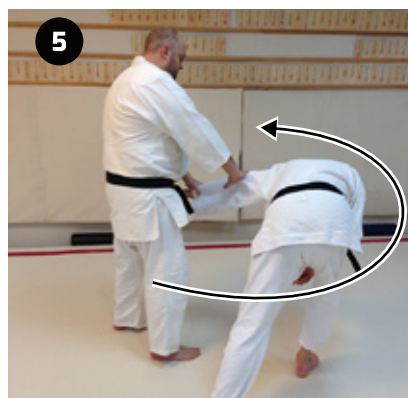


### 6) Katate mochi oshi taoshi



Uke grabs tori's right hand with his right. Tori steps back, dropping his hand. Making a big circle, tori comes forward again (creates a wave like effect on uke), hand turned over (imagine you want to smack uke in the face with the back of your hand). Continue with oshi taoshi, (right hand turns over) and finish with a coiled arm lock.

### 7) Tentai oshi taoshi



Uke grabs tori's left hand with his left. Tori steps back, making a big circle as above, but when he meets resistance at the top, he backs around uke in a circular (tenkan) motion, also finishing with a coiled arm bar.

## 8) Ryote mochi tentai kote hineri



Uke's right hand grabs tori's right wrist; uke's left hand grabs tori's right shoulder. Tori makes a little up/down "basketball dribble" motion with his right hand, then steps under uke's arm in a #5 release motion, ending in tentai kote hineri.

## 9) Tekubi gime oshi taoshi



Uke grabs tori as above, but on the left side. Tori steps to his left, giving uke an eye threat with his free hand. Tori's left hand does essentially a #3 release, wrapping over and crimping uke's elbow, while the right hand secures a mawashi on uke's top hand. Tori finishes as in oshi taoshi but with a mawashi grip.

## 10) Ushiro katate eri mochi kote gaeshi



Uke's right hand grabs tori's right wrist; uke's left hand grabs the back of tori's collar. Tori ducks his head under uke's right hand (making uke's arms crossed). Tori's left hand picks off uke's right in kote gaeshi.

## 11) Ushiro ryote mochi kote gaeshi



Uke grabs both of tori's wrists from behind, starting on tori's left. Tori steps to his left in a #5 release motion. Tori turns to face uke, and stepping back, brings his left hand down in a *clockwise* (to the right) direction. Tori's right hand picks off uke's left for kote gaeshi.

## 12) Ushiro waza mae otoshi



Uke grabs both tori's hands from behind, starting with tori's right. Tori steps to his right and under uke's arm as in a #5 release, then steps through for mae otoshi.

*You can download all the cheat sheets for koryu dai ichi in PDF format and watch instructional videos on the website:*

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